

## ABSTRAK

# MEMAHAMI PASIEN PENGIDAP SKIZOFRENIA DI PANTI REHABILITASI MENTAL PRIMA HARAPAN (STUDI KASUS)

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Penelitian ini bertujuan untuk memberikan pandangan dari sisi pengidap skizofrenia yang belum banyak diketahui oleh orang awam. Karena masih banyak orang yang belum memahami dan mengerti apa yang dirasakan dan dialami oleh pengidap skizofrenia. Penelitian ini merupakan penelitian studi kasus kualitatif. Subjek penelitian ini merupakan pasien dari Panti Rehabilitasi Mental Prima Harapan yang berjumlah 3 subjek. Data yang peneliti dapatkan dengan teknik wawancara dan triangulasi dari rekam medis serta observasi saat peneliti menjalankan magang. Hasil penelitian menunjukkan bahwa (1) gejala awal rata – rata berawal dari adanya dengungan dan suara di telinga, timbulnya halusinasi, dan waham (2) pemicu bisa berasal dari trauma/pengalaman masa lalu, dan efek samping lain (3) pengobatan yang pernah dijalani oleh subjek penelitian yaitu dengan pengobatan rutin dan rehabilitasi mental (4) perubahan setelah pengobatan/rehabilitasi tiap subjeknya mendapatkan perubahan yang berbeda – beda.

**Kata Kunci:** Skizofrenia, Gejala awal, Rehabilitasi Mental

**ABSTRACT**

**UNDERSTANDING OF SCHIZOPHRENIA PATIENTS AT PRIMA HARAPAN  
MENTAL REHABILITATION  
(CASE STUDY)**

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*This study aims to provide a view from the perspective of schizophrenia sufferers that is not widely known by the general public. Because there are still many people who do not understand and comprehend what is felt and experienced by schizophrenia sufferers. This study is a qualitative case study. The subjects of this study were patients from the Prima Harapan Mental Rehabilitation Center totaling 3 subjects. The data that the researcher obtained using interview and triangulation techniques from medical records and observations when the researcher was doing an internship. The results of the study showed that (1) the initial symptoms on average started with buzzing and noises in the ears, the emergence of hallucinations, and delusions (2) triggers could come from trauma/past experiences, and other side effects (3) the treatment that had been undergone by the research subjects was with routine treatment and mental rehabilitation (4) changes after treatment/rehabilitation each subject experienced different changes.*

**Keywords:** *Schizophrenia, Early Symptoms, Mental Rehabilitation*